HAND HYGIENE ALERT

Spreading sickness at work is easy and costly, often setting off a negative chain of events that can impact the health of coworkers, companies, and the economy.

ANNUAL COST of Illness at Work

$87.1 Billion
Total economic burden of annual influenza*  
$225.8 Billion
Annual cost of productivity losses related to health problems*  
$8 Million
Lost productivity due to employee absences/"  

Germ Hotspots

Door Handles
One of the first things that employees have to touch after the morning commute, going out to lunch, or visiting the washroom

Elevator Buttons
Essential for the day’s coming and going, watch out for the lobby button in particular

Conference Room Tables
Not only touched by hands, but employees possessions: pens, computers, notebooks, and dirty tissues

Break Room Appliances
Refrigerator, water cooler, faucet, and microwave – touched by countless employees, and their food

Desk
When was the last time you wiped off your desk? When was the last time you saw your coworkers wiping off theirs?

TIPS for a Healthy Office

Frequently wash your hands for 20 seconds with soap and running water, particularly after using the restroom or visiting the break room

Dry thoroughly with a disposable paper towel

Sanitize when hands aren’t visibly dirty

Cover your coughs and sneezes

Wipe off your desk, phone and computer

Stay home when you are sick to prevent the spread of illness

SANITIZE WHEN HAN

D AREN’T VISIBLY DIRTY

COVER YOUR COUPS AND SNEEZE

WIP
E OFF YOUR DESK, PHONE AND CO

STAY HOME WHEN YOU ARE SICK TO PREVENT THE SPREAD OF ILLNESS

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SOURCE

1 http://www.cdc.gov/workplacehealthpromotion/businesscase/reasons/productivity.html  

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